



**Office of Health Plan Administration**

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December 16, 2008

**AGENDA ITEM 6a**

**TO: MEMBERS OF THE HEALTH BENEFITS COMMITTEE**

- I. SUBJECT:** Kaiser Permanente's 2010 Proposed Initiatives: Staff's Analysis
- II. PROGRAM:** Health Benefits
- III. RECOMMENDATION:** Information Only
- IV. BACKGROUND:**

At the October 21, 2008, Health Benefits Committee meeting, Kaiser Permanente (Kaiser) presented three proposals for 2010 consideration and requested staff comments. This is staff's response on the proposed initiatives which are:

- **Wellness Pilot**  
Kaiser proposes a worksite wellness pilot project with a minimum of six selected State agencies that have at least 500 Kaiser member employees. A "Partnership in Health Report," which provides information on disease prevalence, screening rates, and other information would be developed for each agency. This report would be reviewed by Kaiser physicians and health educators who would then develop agency-specific worksite wellness plans, including:
  - 1) onsite classes (such as stress reduction, weight management, and exercise);
  - 2) Kaiser facility based classes;
  - 3) services provided through KP.org (such as Total Health Assessment and online behavior modification programs); and,
  - 4) health assessments and services performed at Kaiser (such as mammograms and immunizations).
- **Kaiser Permanente Senior Advantage (KPSA) Part B Only Plan**  
Kaiser proposes to provide a Medicare Part B Senior Advantage Plan for CalPERS members who do not qualify for the KPSA plan under the Centers for Medicare and Medicaid Services (CMS) eligibility requirements. Kaiser can offer this proposal because CMS waived its

Medicare Part A coverage requirement for individuals enrolling in a “KPSA Part B only” plan. This means that CalPERS members could participate in a KPSA Plan and receive all KPSA benefits with only Part B coverage even though they are not qualified for Part A. This is an exception to the standard CMS requirements for Medicare eligibility.

- Partnering on Legislation  
Kaiser proposes that legislative staff for CalPERS and Kaiser work to identify areas where they can mutually support, oppose or write legislation.

**V. BACKGROUND AND ANALYSIS:**

Each proposal is discussed separately in an attachment as indicated below:

- Wellness Pilot (Attachment 1)
- Kaiser Senior Advantage Part B Only Plan (Attachment 2)
- Partnering on Legislation (Attachment 3)

**VI. STRATEGIC PLAN:**

This directly relates to Goals X and XI of the Strategic Plan which state:

- “Develop and administer quality, sustainable health benefit programs that are responsive to and valued by enrollees and employers.”
- “Promote the ability of members and employers to make informed decisions resulting in improved lifestyle changes and health outcomes.”

**VII. RESULTS/COSTS:**

This is an information item only.

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Attachments